

MEDICATION



SAFETY



Make sure medicines are clearly labeled.

Confirm everything on the label is correct (your name, your doctor's name, name of the medicine, how to take the medicine).

Understand what your medication treats & don't be afraid to ask questions to your doctor or pharmacist.

Take your medicine on time. Set reminders and stick to a schedule.

Keep a list of your medications.



never
TAKE MEDICINE
WITH ALCOHOL!



Review your list frequently with your doctor or pharmacist. Update your list whenever your medications change.

Dispose of expired medications at the NATIONAL PRESCRIPTION TAKE-BACK DAY or bring to a permanent drop-off box near you.



Only take medicines that are prescribed to you.



Call LifeSteps or your local police department for more information.

This educational material is a collaboration of LifeSteps Coalition and Williamson County Healthcare Link.

For more information:
www.LifeStepsCouncil.org
512.246.9880

