

Opioid Overdose Prevention

Recognize and Respond an Overdose

what are opioids ?

The simple answer is: prescription painkillers and heroin.

Common painkillers include:

Codeine	Morphine
Fentanyl	Buprenorphine
Oxycodone	Methadone
Hydrocodone	



signs of an opioid overdose

1. Altered alertness, nodding
 - Unable to wake them even with stimulation
2. Slow or no breathing
 - may present with blueish lips, nail beds
3. Pinpoint pupils



what to do?

CALL 911 immediately

- 1 Give rescue breathing: Tilt the head back, lift the chin up and pinch the nose closed. Place your mouth over the person's mouth to make a seal and give 2 breaths every 5 seconds.
- 2 Administer NALOXONE
- 3 If you need to leave, put the person in the recovery position by turning the person on his/her side.



91

people die every day from an opioid overdose

NALOXONE *saves lifes!*

A standing order is available at Walgreens and CVS to anybody interested in purchasing naloxone (Narcan).

