



Wee Care

FOR THE WEE ONES IN YOUR LIFE!

Class Schedule

BASIC PARENTING

Fridays
11:30-1:00 PM

NURTURING PARENTING FREE PARENTING CLASS

**For Females who are expecting a baby, or have
an infant, toddler or preschooler**

Parents learn ways to:

- build self-awareness, positive concept/self-esteem and levels of empathy;
- teach alternatives to hitting and yelling;
- enhance family communication and awareness of needs;
- learn healthy ways to deal with stress without alcohol and other drugs;
- promote healthy physical and emotional development;
- teach appropriate role and developmental expectations.

Class Location:

311 S Main St, Georgetown, TX 78628

**For more information call 512-869-2571
Or email: weecare@lifestepsCouncil.org**

